

# Gala Christmas Issue

## Santa's Gift List For Teachers

By The Pulse Staff

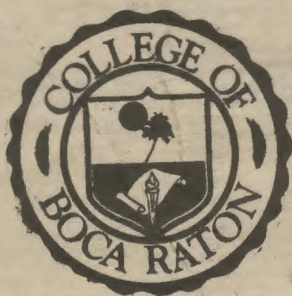
This time of the year is always a time for correspondence and gift giving and Santa's sack is just packed full of all sorts of little goodies. So here are some conjured up specifically for our teachers:

*For Mr. Cox:* A talking (teaching) computer so you can take the day off.  
*To Mrs. Pierson:* Sun lamps in speech class to keep you nice and warm.  
*For Dr. Blaustein:* Your own personalized student motivator for use in your

statistics class.  
*To Mrs. Sullivan:* One book of paper dolls to put the latest fashions on.  
*To Mr. Ranspach:* A set of crayons and a coloring book.  
*For Mr. King:* A ticket on the space shuttle for a rocket ride with Burt

Reynolds.  
*For Mr. Bartholomew:* An umbrella for each day of the week. (In an assortment of colors of course!)  
*For Mr. Curran:* One tripod stand, two zoom lenses, and a partridge in a pear tree.  
*To Sister Fidelis:* An

electron microscope for viewing your cell slides in Biology.  
*For Dr. Pickering:* Class copies of all of President Reagan's televised speeches.  
*To Mrs. Bloche:* Interested students for the CBR Pulse..



# PULSE

Volume 11 No. 3

December 1982



## Christmas With Kids

By Gregg McBride

If you had walked by the Wixted Hall Lounge on December 1st, you would have seen a semi-surprising sight. Little boys and girls participating with the Early Childhood Education majors. No, these children are not next year's freshmen; they are from the Florence Fuller Child Development Center. The Early Childhood Education majors of CBR have been working closely with these children in their Math and Science classes to help the CBR students learn more about teaching children. In order to thank the kids, Mrs. Ellen Kirbert and her CBR students decided to host a Christmas Advent Party for the children. From 1-3 p.m., the children spent time making Christmas Bells to hang on the Christmas Trees in their homes. The CBR students helped the children to make their creations. Inside the ornaments, the children placed their pictures of themselves. Then, they made a chain out of red and green paper, with enough links to count down to Christmas. So that on Christmas the children would have a gift to give to their parents. The CBR students, Mrs. Kilbert, and the children all seemed to enjoy themselves, which proves that the holidays are indeed for children of all ages.

## CBR Enters Computer Age

By Barbara Braithwaite

During the past academic year, the College of Boca Raton has entered the world of computers. "Continued Learning" at CBR is a program of non-credit courses offered to the general public as part of the college's commitment to serving community needs. As part of its Continued Learning program, the College has been offering mini-courses in the evening on the Apple II microcomputers since October, 1981.

Word processing courses are now being offered, as well as mini-courses, on the IBM Personal Computer. In the past year, more than 1500 students, mostly adults, have completed at least one of the monthly courses on the various microcomputers.

The "microcomputer" is a self-contained desk-top computer having its own memory and programmability. Examples are the College's ten IBM personal computers and eight Apple II computers.

The "Minicomputer" is a "small" computer, the memory of which is contained in a central processing unit (CPU), with a number of remote terminals tied in. An example is the College's combination of IBM word

processors and alpha-micro CPUs.

Through the cooperation of IBM's Education Division, the College now has ten IBM personal computers.

Beginning in September, 1983, two new computer-oriented four-year programs will begin: Computer Engineering Technology (B.T.) and Microcomputer Information Systems (B.S.). The Computer Engineering Technology program is hardware oriented, and the Microcomputer Information Systems is program software oriented.

Computer engineering technology is a rapidly growing field with excellent career potential. The program provides coursework related to computer hardware, programming, and electronics. Graduates will be able to enter a variety of career paths in computer technology (e.g. field representative, manufacturing, sales) or in computer programming.

The MCIS program is oriented towards state-of-the-art technology in microcomputer systems. The student will gain detailed insight into both microcomputer hardware and software, application oriented "problem-solving", and gain a good

understanding of microcomputer based business systems. There are "hands on" labs and practicum, and the students will use the IBM Personal Computer and the Apple II extensively. As an elective, students will have an opportunity to build their own personal computers.

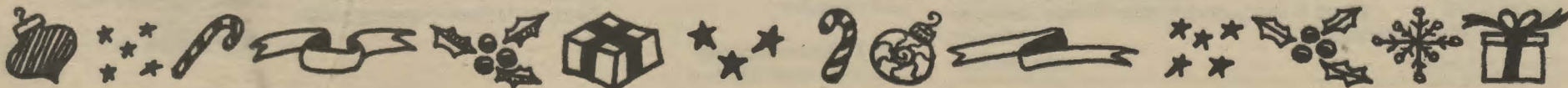
The MCIS graduate can look forward to excellent initial employment opportunities and career potential in microcomputer system design, operation and analysis.

The Office Systems Management Program is strictly word processing oriented. First semester students learn basic typing skills on the Apple II, and subsequently will develop their word processing skills on the IBM Alpha-micro units and the IBM Personal Computers. OSM students no longer utilize typewriters. All work is on automated equipment.

The monthly 8-hour mini-courses are open to CBR students as well as the general public. The cost per course is \$95.00. Introductory courses are available on the Apple II and IBM personal computer, as well as programming in Basic and Applications. Mrs. Nancy Hueglin is the Computer Center Coordinator, and her office is located in the Library Building.



CELEBRATING THE HOLIDAYS WITH THE WEE ONES





## Letter to the Editor

By Mona Wargo, Executive Editor

Several weeks ago, I wrote to the Armed Forces Mail Call asking them to send me detailed information on the procedure for sending X-Mas cards to young servicemen and women here and abroad.

Below is detailed information for those of you who would like to participate in this worthwhile effort.

Dear Friend:

THANK YOU! We very much appreciate your interest in the morale and spiritual well-being of the young military volunteers who are serving our country at bases and posts across the U.S. and around the world.

Following are step-by-step instructions for participation in the 8th Annual Christmas Mail Call:

1. WRITE A PERSONAL NOTE INSIDE SEVERAL CHRISTMAS CARDS. (Also encourage your friends and neighbors to do the same.) Tell about yourself, your family, hobbies, home town, interests, etc. Report some cheerful news. Christmas mail should contain *personal messages* rather than printed or duplicated literature.

2. INCLUDE YOUR NAME AND COMPLETE MAILING ADDRESS INSIDE EACH CARD AND ON THE OUTSIDE OF EACH ENVELOPE (at some locations the cards may be posted on bulletin boards and become separated from the envelopes). The person receiving your card may wish to write a note of thanks but be unable to do so for lack of your address. When writing a letter inside the Christmas card, *request a reply if you wish*. Not everyone receiving mail will respond, but some will.

3. PLEASE DO NOT — repeat NOT — PLACE POSTAGE STAMPS ON THE INDIVIDUAL CARDS. Such postage is *wasted*. Mail Call does not use stamps on the envelopes. Your Christmas mail will be combined with that received from numerous other participants and forwarded in air mail packages to many locations across the U.S. and around the world.

4. WE ARE NOT ABLE TO FORWARD FOOD OR MERCHANDISE ITEMS. When an individual has responded to your mail, please feel free to send whatever you wish direct to that serviceman or woman.

5. Armed Forces Mail Call is an independent, nonprofit organization which is not connected with the Department of Defense and receives no taxpayer or other outside funds. We are completely dependent upon our participants for continuation of this program; therefore, MAIL CALL REQUESTS A DONATION OF 20¢ PER CARD TO HELP PAY THE COST OF FORWARDING POSTAGE AND OUR OTHER OPERATING EXPENSES. Checks or money orders may be made payable to Military Overseas Mail/Armed Forces Mail Call.

6. MAIL SHOULD BE ADDRESSED AS FOLLOWS:

ARMED FORCES MAIL CALL  
BOX 12604  
MCAS YUMA, AZ 85365

Send package of mail along with requested donation to the above address.

7. WE DO NOT DISTRIBUTE NAMES/ADDRESSES OF MILITARY PERSONNEL, nor have we ever done so. We have not authorized any publication to print such a statement. We feel it is up to the serviceman or woman to respond to a particular piece of mail.

8. CARDS SHOULD BE MAILED BY DECEMBER 1 in order to allow sufficient time for processing and forwarding. Christmas mail received after the air mail packages have been sent across the U.S. and around the world will be used in Southern California. PLEASE SEND YOUR CHRISTMAS MAIL AS EARLY AS POSSIBLE.

9. A SPECIAL NOTE TO GROUPS: If Christmas mail is included from more than one person, PLEASE place each individual's cards in a rubber band. This will help us give each person's mail the widest possible distribution. (Christmas mail is sent to more than 100 locations across the U.S. and around the world.)

10. CERTIFICATES OF PARTICIPATION: Certificates of Participation for the 1982 Christmas Mail Call will be sent to those who have followed instructions 1 through 9:

Groups/Organizations: To those sending 100 or more pieces of Christmas mail. (Please enclose a *clearly printed list* of the persons in your group who may also qualify for an *individual Certificate*.)

Individuals/Families: \*To those sending 25 or more pieces of Christmas mail.

THANK YOU AGAIN for your interest in our military personnel who will not be able to be at home with their families during the Christmas Season. Your help is needed and is very much appreciated!

## Pulse Staff Box

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## College Ball '82

By Mona Wargo

On November 20th of this year, the second annual college ball was held. It was given in honor of those who have given generously to the college, with the proceeds going to the Scholarship Fund. According to Mr. Carville, Vice President of the College and one of the attendants at the ball, it is because of this special fund that many of our students are able to pursue their education here.

The ball itself was held in the Lynn Student Center with the theme being that of a Japanese Fantasy. Japanese students in the college dressed in traditional Oriental attire and greeted guests as they entered to find brightly colored lanterns, fans, and Japanese parasols adding to the festivities. Also, there was a menu of Japanese foods including Steak Teriyaki, Fried Rice, Shrimp Tempura, and even Sake.

One of the highlights of the evening was the special Boca Raton Award given to an individual each year for their outstanding service and contributions to the community. This year's award went to Mr. Charles E. Schmidt for his dedication and involvement to the expansion and development of our college as well as to the city of Boca Raton.

All totaled, 500 guests attended for an evening of favors, flavors, and fantasy.



## Fellow Students

By Peter Mintz  
S.G.A. President

Fellow Students:

During the last month I've been asked several times, "What has the S.G.A. accomplished this semester, and what are they doing?"

The S.G.A. is presently in the process of establishing three committees that you, the students, should be aware of. We have established a visitation hour reform committee, a food committee, and have laid out the procedures for the ratification of the revised S.G.A. Constitution. We are trying to extend the visitation hours on weekends by two hours so you can visit longer with your friends. The food committee is looking into

the cycle of the food so that there is more variety in the meals. We are trying to upgrade the quality of the food as a whole.

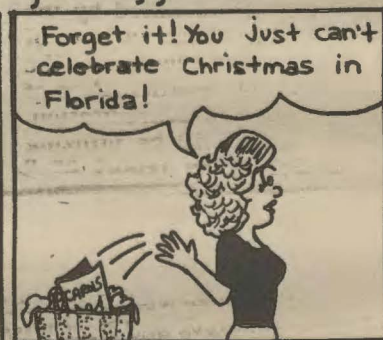
The ratification of the revised S.G.A. Constitution is essential. As pointed out in the newsletter before Thanksgiving, the only way we can have it ratified is by a student vote, which will be on Wednesday, December 8th, 1982. I urge you to take a look at it; it's in the library. We need you the students to be involved with us because the Constitution is what we use as our guidelines to insure that you are given proper representation.

Our meetings are every Thursday in the Library Lecture room. If you are interested in what the S.G.A. is doing, please come and join us.

c.b.r.



By: Gregg McBride



## Poetic License

### THE ROOM OF SILENCE

By Lotta Engzell

I sit by myself  
in the room of silence

The room of silence  
that I fear most of all

All I can hear  
is an echo of emptiness

As I sit by myself  
in the room of silence

The walls have no answers  
the floor is a precipice

My eyes bleed  
and I wonder

Will I sit here forever  
in this room of silence?

### "Another Runaway"

By Stella Greenberg

Daniel seeks to be free  
from us all,  
so he gathers the wind,  
and hurries like a bandit  
to take his act on the road,  
until his dreams are chased  
away,  
his tears are salty reminders,  
his pride is cracked from  
weariness,  
his body is limp from running;  
until,  
he finds himself running home.

### WHAT IS IT ALL FOR?

By Lotta Engzell

We keep on walking  
day after day  
putting up goals  
pretending we have something  
to look forward to...

But we have no choice  
there is no mercy...

We suffer and hurt each other  
while walking along...

This is the way it has to be  
There is no way out...

What is it all for?



# A Day at Busch Gardens

By Rossana Vesco, Claudia Bodewig, Maria Cecilia Ulloa

On October 23rd, a group of students got up in the wee hours of the morning to go for a day's adventure to Busch Gardens in Tampa, Florida.

After a four-and-a-half-hour drive, they arrived at 10:30 a.m. Everyone was ready to enjoy the day. Unfortunately, as they arrived, it started to rain.

Although they were all wet, they fully enjoyed the rides and attractions such as the Rollercoaster, Python, and Scorpion. The African Queen boat ride was very impressive; however, the most fascinating ride was the Congo Cedar Rapids. After this one, everyone looked as if they were just coming out of a

shower and they had to buy sweat shirts to keep warm.

They visited Nairobi, the place where the animals are kept. They watched all kinds of shows including the Dolphins, belly dancers, and a lady dancing with a snake.

There was a rumor that Jorge P. was seen holding hands with somebody??? Eric and Tarquino disappeared when everybody was going to the Rollercoasters. Can you guess what was going on with them???

Rossana spent most of her time trying to play a bottle game, not because she wanted to win the Teddy bear, but because...??? There were good looking guys working there.

Maria Cecilia was terrified when she saw the wild animals; however, on

the Rollercoaster you couldn't even hear her scream.

Claudia spent much of her time playing Pac-man and probably dreaming she was in the Rathskeller. She was daydreaming so much that when we left, she forgot her Teddy bear.

Denise and Joan were enjoying the day even though they were soaking wet. One of the vans was almost wrecked. Was it because Rita was practicing her belly dancing??

Fred Wesemann led the way to all the rides since he had already been to Busch Gardens. Maria Fonda and Nadika Ukwatte enjoyed the day so much that we hardly saw them.

The trip to Busch Gardens was tiring, but it was certainly worth it!



## Self-Study Enters Final Stages

By Carol Wershoven  
Chairman, Steering Committee

While students enjoy a well-deserved break from classes and exams, the self-study report will be emerging in its final form.

Over the Thanksgiving holiday, revision of the final draft was completed, and now the final copy is being typed and duplicated. This preparation of the final report will continue through December and January, so that the report will be available to the entire college community at the beginning of the second semester.

Then, in April, the work of two years will culminate in a visit from a team of educators appointed by the Southern Association of Colleges and Schools, for the purpose of re-affirmation of the College's accreditation. This team will be utilizing our Self-Study report as a

framework for their own evaluation of every aspect of the College.

Already, the process of the Self-Study, involving two years of self-assessment, recommendations and implementation of recommendations, has effected much positive change in student morale, academic standards and program development. The energy and spirit one feels on the campus is, in large part, a result of our careful evaluation of our goals and of how best to reach them.

The Steering Committee would like to thank all — faculty, students, administration — who have worked so hard to make the Self-Study process a period of growth and development for the institution. The best gift we can bestow on ourselves, at this holiday season, is the promise of a future we have so carefully and conscientiously planned.

We at the Pulse wish these and all the members of the faculty, Happy Holidays and Best Wishes for a prosperous New Year. Have a cool Yule everybody!



## 24 Days Before Christmas

### Solution Elsewhere

Try this tough poetic puzzler involving five elves, dressed in five different colors, who made five different types of toys. Can you decipher who made what?

1. Old Santa's pack held 30 toys
2. Made by his elfin crew;
3. And though none made the same amount,
4. Each elf made more than two.
5. The elf named Cher made one more toy
6. Than the elf who dressed in reds,
7. But Cher made one less Christmas toy
8. Than the elf who made the sleds.
9. Spry Johnny Elf made racing cars;
10. Five toys were made by Jane.
11. The elf who dressed in yellow suits
12. Made each and every train.
13. The elf who always dressed in green,
14. Made one-third as many as Sue,
15. Cute Marcia Elf was dressed in orange,
16. And one elf dressed in blue,
17. The elf who made the spinning tops
18. Made the most toys of them all;
19. Another perky, smiling elf
20. Made each and every ball.
21. Ole Santa's pack held 30 gifts
22. All tagged for girls and boys.
23. From the clues that you've been given,
24. Now guess who made what toys.

By Rich Vineburg

Last month the Starship Enterprise landed right here in Boca Raton. The landing field was the Florida Atlantic University Auditorium. The Commander of the show was Gene Roddenberry, creator of the "Star Trek" television series and creative consultant for the "Star Trek" movies.

A small group of students from CBR attended the program. The group was led by Mr. Rex King, who was listening very carefully for new ideas for the school's Fall Drama Production of "The Starring of Prince Shakti," which has been patterned after "Star Trek."

The program Mr. Roddenberry brought was quite good. He began the evening with a 20 minute film consisting of out-takes from the television series. It was funny seeing emotionless Mr. Spock laughing hysterically, and seeing the crews reaction when they saw the film of a naked woman swimming

across the video screen instead of a Klingon Ship. We were also shown a movie made from film taken in space. The last film shown was one of the two pilot shows filmed, which were never shown in their entirety on television because the network said they were too intelligent.

Besides the films, Mr. Roddenberry also spoke about the future and how advanced our technology has come compared to when the show was being made.

When asked about the series of movies, Mr. Roddenberry said that he had just been told, there will definitely be a third film. He would not answer, though, the question that everyone was asking. Will Mr. Spock return? His only answer was that he will try to get back as many of the original cast as possible.

If you are a fan of "Star Trek," then I recommend that you check out the school play at CBR, "The Starring of Prince Shakti," which will be presented Dec. 9, 10, and 11.

## Trekkies Unite

392-8985

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Boca Raton, Florida 33432

(½ Mile East of I-95 Next to 7-Eleven)

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within 45 minutes

PIZZA

16" \$7.80  
14" \$6.80  
cheese \$7.80 \$6.80

1.00 per extra item

Bear by the six-pack

Budweiser	\$3.50
Miller Lite	4.25
Miller	3.50
Heinekin	6.25

392-8985

Hot and cold SUBS

SALADS

PASTA DISHES



# Hotline Hollywood

By Gregg McBride

Get set Travolta Fans! Paramount has announced the making of a sequel to SATURDAY NIGHT FEVER. It will be called STAYING ALIVE (after the Bee Gees song from the last movie). John Travolta will star; but hopefully someone will let the producers know that disco is out and that the music should be different. Sylvester Stallone (ROCKY) has been set to co-write and co-produce the sequel with Robert Stigwood (the director of the first film).

Also, in the sequel department, CBS television has a t.v. movie planned that will be called STILL THE BEAVER, based on the LEAVE IT TO BEAVER television series. It will star the original cast members, including Jerry Mathers (Beaver).

Richard Gere is currently wooing women in AN OFFICER AND A GENTLEMAN, which is wooing millions. His next film will be called BREATHLESS, and will also star model-actress, Valerie Kaprisky. She plays

a young American girl who is attracted to Gere, an American Car Thief. Producers say this is not exactly a remake of the 1961 classic of the same name.

Summer 1983 will see the release of NATIONAL LAMPOON'S VACATION, which is based on a story written by Lampooner John Hughes. The movie will star Chevy Chase and Beverly D'Angelo and concerns the plot of Chase's two week summer vacation. Super-model Christie Brinkley co-stars in this, which makes this her film debut.

Cheech and Chong and a cast of stars will star in an upcoming ORION picture entitled YELLOWBEARD, which will be about, says one source, "a saga of the horniest group of pirates that ever sailed the seven seas."

## MUSIC NOTES

Rick Springfield, the top-pop star who plays a doctor on General Hospital, announced that he has a movie in the works. It's a police-story called TANGO PALACE. According to

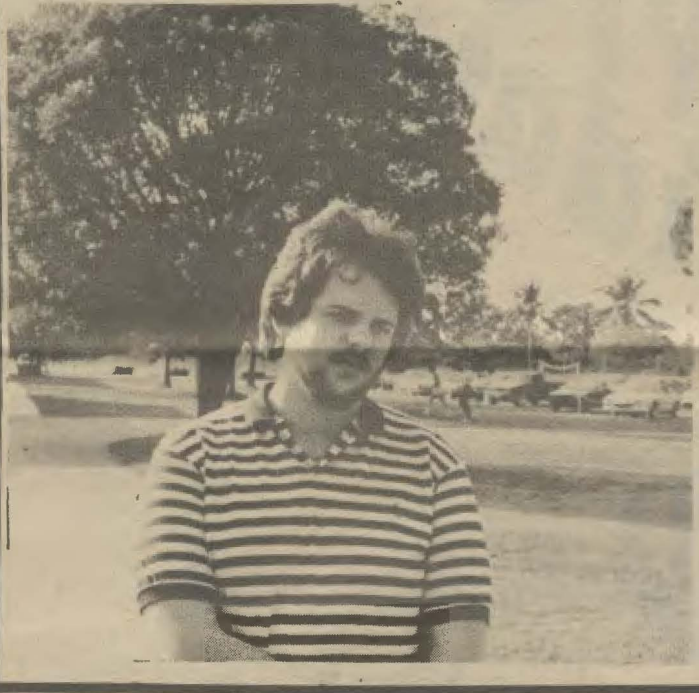
rumors, Diana Ross may get involved with the project.

## ON THE TUBE

Rigid rules have kept advertising cigarettes on television a no-no. But recently officials have taken away this rule. The networks say they have their own standards and for now will not let cigarettes be advertised on t.v. — but you never know. Soon, you may not only see cigarette ads in print but on the tube as well.

## SPOTLITE ENTERTAINMENT NEWS

By: Gregg McBride



### HER BOOK HAS HIT THE PRESS!

By Gregg McBride

You might not know it, but there is a celebrity author in our midst here at CBR. Although she has not hit the top of the best-seller list (yet!) her book has been published. The author is Dr. Carol Wershoven and her book, entitled *The Female Intruder in The Novels of Edith Wharton*, was published by Associated University Press this past November. The book will not be sold in book stores, Dean Wershoven pointed out, but will be sold through University Libraries. Dean Wershoven mentioned that she will earn royalty fees on the book after a certain amount are sold. Her publishers have high hopes for the distribution of the book, they told her. When asked what she thought of all this, Dean Wershoven simply said "It's nice to have my name in print." Associated University Press would like Dean Wershoven to write another book, and she is thinking about it. She mentioned that writing a book isn't that easy. This first one took her five years to write. WRITE ON!

## MOVIE REVIEWS

# At The Flicks

By Gregg McBride

### CREEPSHOW

Apparently, Stephen King fans were so appalled by the way the movie of King's novel *THE SHINING* turned out, that King vowed to get even and write the screenplay of his next movie. *CREEPSHOW* is that work, and it was directed by George Romero, who grossed us out with *NIGHT OF THE LIVING DEAD*. This movie is seen just like a Comic Book, the scary kind that we all used to get our thrills from as children. The animation and technical work are very good, as we actually flip from story to story, at times move from frame to frame, and even are confronted by cartoon people with word-filled bubbles coming from their mouths. King tried to make the screenplay read just like the comic books that we call silly now. The movie, too, is silly. The sarcasm that King wrote into the plot, comes out as hammy acting that ruins the fear. Some of it is humorous, but it gets old after awhile.

The movie consists of five stories. King, himself, appeared in one of them. He should stick to writing. As for the best of the rest, one was "Father's Day" a tale of a father who's risen from the grave to claim the cake his daughter promised him before she killed him. He gets it — and gets even with a few unfaithful relatives along the way. The other is called "They're Creeping Up On You", the story of a man so hung up with hygiene that one night the bugs decide to get even for him killing off their kind. The story ends with the bugs emerging from his corpse in a chilling and gross scene — the kind that director Romero is famous for.

Calling the film mildly amusing — about sums it up. On a scale of 1-10, the movie rates a 4. Boo!

### MONSIGNOR

Still trying to shake his Superman image, in this film Christopher Reeve

portrays a priest who is not above sinning. This film provides some insights into corruption of priests, but it spends too much time in drawing out worthless scenes.

Reeve is all too casual as the priest, and doesn't show any real attempt at acting until "several years later" when he portrays an older man. As the young priest, he should have spent more time studying his character. Genevieve Bujold also stars in this movie, but her talents are wasted as she portrays a young postulant who falls victim to Reeve's love, but she does excell in acting out her final scene, and later in the movie it would have been nice to bring her back.

Don't get this review wrong, *MONSIGNOR* does have some positive traits. But the producers, crew, and actors should have taken more time in making the movie. It would have made it the classic they hoped it would be. Like the scenery outside the window, at first view it's good, but later you realize it (like the movie) is simply made of cardboard. The movie rates a 6.5.

### DON'T MISS:

**THE TOY** — When Jackie Gleason looks for the perfect gift for his son, he decides to be original and buy him a poor man (Richard Pryor). Laughs and more laughs make this movie quite enlightening!

**MY FAVORITE YEAR** — Peter O'Toole is excellent in this movie set in the 50's about a washed up actor trying to stay sober long enough to appear on television and to make amends with his daughter. Very Entertaining!

**THE DARK CRYSTAL** — Don't look for stars in this movie. Instead look for strange and imaginative characters created by Jim Henson & Co. — the creators of the muppets. This fantasy adventure is absolutely imaginative. See it!

### DON'T BOTHER:

**Q** — Anyone attended a movie at Town Center recently? Then you've undoubtedly seen this ridiculous preview. The movie is *Moreso*, which concerns a prehistoric monster leashed onto society. Yuck! Unleash this thing on the film, please!

**HEIDI'S SONG** — This is Hanna-Barbera's attempt at the big time. They entertained us with the *FLINTSTONES*, but can't quite pull it off on the big screen. This cartoon is definitely for 5 and under.

**REMEMBER:** Monday nights are 99¢ at Boca 6 Theaters at the Boca Mall; and Tuesday Nights are \$1 at the Movies at Town Center Mall. Be thrifty!

Seasoning's  
Greetings!





# Dear Sabrina

Dear Sabrina:

Can you please tell me what I can give my boyfriend for Christmas?

A Desperate Giver

Dear Desperate Giver:

There are many gifts you can give your boyfriend for Christmas. If you really want to impress him, give him a Porsche. If he already has one, Cartier cologne for men is an excellent choice. Actually it is not the gift, but the thought and love behind the gift.

Sabrina

Dear Sabrina:

I have this problem — I have just recently broken up with my girlfriend back home. My problem is I have forgotten how to ask girls out. What is the proper way? We do not have phones to call that are personal enough to ask someone out. So what do I do, just ask them out when passing them on the sidewalk? Help!

Sincerely, The Fearful Stud

Dear Fearful Stud:

I am sorry your romance with your previous girlfriend did not work out. Do not fear though, I am sure you are attractive and can soon find another girl. You should not just approach a pretty girl and ask her for a date. Go to social gatherings and strike up a conversation with someone you are attracted to. If calling is a problem, maybe you can go to a secluded phone booth and talk privately to her on the phone there. However, if all fails you can resort to the best-selling novel, "How To Pick Up Girls". Good luck Stud!

Sabrina

Dear Sabrina:

My biggest problem right now is coping with college. No matter how hard I try to get involved I always seem to be trying to find a way of escape. I know escaping is out of pure insecurity, but I do not know what else to do.

Confused

Dear Confused:

The first year of college is always the toughest on students. So many adjustments must be made. You are probably feeling insecure because you miss your family, friends, and perhaps a boyfriend back home. You should try to concentrate on your studies and look ahead to your coming Christmas vacation. It will be easier next semester — so hang in there. You will be used to college and will have a more relaxed feeling. Don't worry about getting A's now, try to build up confidences. You are not alone, many other young people are experiencing the same feelings.

Sabrina

Dear Sabrina:

I don't know what is wrong with me. I have been seeing this guy for over two months now and he hasn't even kissed me! When he takes me home after our dates, he walks me to the door and shakes my hand. Should I attack him? Should I dump him? Help?

signed, "What am I doing Wrong"

Dear "Wrong":

This is a very unusual case. Some girls would consider you very lucky, but I do think he has a slight problem. Maybe this boy is uptight or extremely shy. You should make the first move in this case so as to relieve him of the pressure. Once he gets over this initial fear, your love life will be spicy and hot!

Sabrina

Dear Readers: Sorry I could not answer everyone's letter. I will, however, include them in the next issue. Sabrina

## Religious Retreat

By Thomas Drybrough

A Religious Retreat was organized by Father Devareaux on the weekend of December 3-5. Only one student attended the retreat from CBR, and that was Tom Drybrough. The Retreat was held in Miami and it consisted of 17 students from Colleges in the South Florida area. The weekend's activities included Group Discussion, Bible Study, Group Games, and concluded with Mass on Sunday.

Upon returning, Mr. Drybrough's comments about the retreat were "It was great finding a new spirit in me; because of the new beginning of the church (Advent), it is also a new beginning with me for my relationship with God."

Mr. Drybrough is so enthusiastic about this past retreat, that he and Father Devareaux hope to organize another retreat for next semester, and hope to get a lot more participation from the CBR student body.

Ladies and Gentlemen the Rolling Stones!

## Rolling Along

By Kelly Slimak

The Rolling Stones are one of today's musical institutions. The Stones have been a driving force in the world of rock and roll since the early 1960's. They have turned out a consistent string of hit records, with the exception of a few critically panned albums in the late seventies. Critics have alternately raved about and condemned the Stones' musical efforts since their formation by Brian Jones, Mick Jagger, and Keith Richard.

The band got its start in London with the meeting of Brian Jones, an already established slide guitarist,

and two awestruck teenagers, Mick and Keith. They were joined by Bill Wyman on the bass and Charlie Watts on the drums. This lineup stayed the same until the death of Brian Jones, July 2, 1969. Brian was a heavy drug user, a brilliant but tortured man. But even with his downfalls, the Stones were well-strapped to find a replacement for a musician of such magnitude. They replaced Brian with Mick Taylor, a 20-year-old veteran of John Mayall's Bluesbreakers. Taylor lasted five years with the band; he found that he simply couldn't handle the

pressure of being a leader of the "New Revolution" going on around him. He was replaced in 1975 by Ronnie Wood, formerly of Rod Stewart's Faces.

The look of the band has changed over the years, as has their music. Once touting revolution and fighting in the streets, they now tell of the hardships of being rich and famous. Their power to influence the attitudes of today's youth hasn't waned in 20 years, and we can expect more from them in years to come. One could conclude from this that we're "never to old to rock and roll."



Candycane for Christmas

### ALBUM REVIEWS

## On The Charts

By Mike Sawyer

### "THE DREAMING"

Kate Bush is the bestselling female vocalist in Britain today, yet in America she remains an underground cult figure, much like Lene Lovich, Toyah and Nina Hagen. Part of the reason for this is Kate's unique song delivery, consisting of wavering high-pitched vocals set against medieval and contemporary instruments. Kate herself is an elusive figure; a stunning brunette draped in silky layers of folklore, mystique and the supernatural. Hopefully this new album will give her more exposure in the USA. Her last #1 hit in Europe, "Wuthering Heights," was subsequently recorded and ravaged by Pat Benatar on her "Precious Time" LP, so Kate certainly deserves some credit now.

High points of the album include the opener "Sat In Your Lap", featuring Peter Gabriel's instrumentation and Kate Bush intoning

about the hordes of Western youths who voyage to India in search of peace and enlightenment. "The Dreaming" involves the mystical spiritworld of the Australian Aborigines. "Night of the Swallow" conjures up the image of swarms of these birds lighting up the midnight sky and finally "Houdini" deals with a romantic interlude involving the late famous escape-artist. This LP is a "must" for fans of Kate Bush, new wave or the avant-garde.

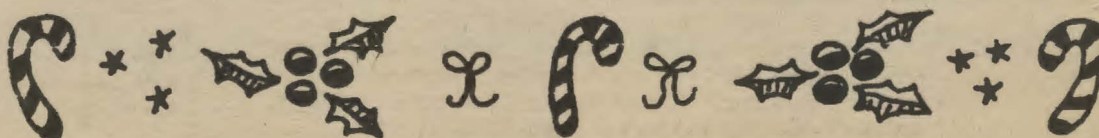
### "THE BEAT"

It's certainly not very often that I would ever stoop so low as to recommend a K-Tel album, but it's not very often that a good new wave LP is available. For shelling out seven dollars at any drugstore across the country, you can get some of the finest new wave music ever released on "The Beat." How's that, you say? Well, this album features such talented artists as A Flock of Seagulls, Kim Wilde, Haircut 100, Bow Wow Wow, Duran Duran,

Split Enz, Billy Idol, and many more.

### NIGHT & DAY

This album is something of a departure for Joe Jackson, following the new wave implications of "I'm The Man," "Look Sharp" and the Big Band fiasco of "Jumpin' Jive." "Night & Day" is more subtle and effervescent, especially the smash hit "Steppin' Out," currently a winner on radios and dance floors across the nation. "Another World" is a charming, dreamy excursion into another dimension whereas "Chinatown" is haunting and suggests harsh urban reality. "A Slow Song" is precisely that, moving and poignant. "Real Men", a bestselling single overseas, will definitely raise a few eyebrows here as it involves homosexuality and questions male sexual identity. In the meantime, "Steppin' Out" should satisfy the disco devotees and the rest of the album will appeal to the pop listeners.





# Getting to know Shada



By Amy Felter

"It was one icy cold day in Tennessee that I decided to come to Florida," said Shada Overton, Athletic Director here at the College of Boca Raton. "I was impressed personally and professionally because of all the hopes and expectations for this school."

Miss Overton was born and raised most of her life in New Jersey, then went on to Maryville College in Tennessee where she received a BA degree in Physical Education, specializing in Athletic Training. During her college years she was a member of the tennis team and played competitive racquetball. "I enjoy competitive individual sports but also enjoy team sports because

I'm able to be with other people."

After her college graduation, Miss Overton went to Wilmington, Delaware, where she was the women's varsity coach for volleyball, basketball, men's and women's tennis and women's softball teams as well as being an RA at Brandywine College for seven years.

Miss Overton returned to Tennessee in 1979 to work as assistant volleyball coach and was an RA at the college from which she graduated.

In the fall of 1980, she received her Master's Degree from the University of Tennessee at Knoxville in College Student Personnel with emphasis in Administration. "I love college people and I like to

think I'm able to relate well to them," stated Miss Overton. "My biggest frustration is not being able to reach more of the students here." Miss Overton wishes she could spend more time with them. However, she feels that sometimes the students don't feel comfortable around her and in turn she feels that she is doing something wrong. "In the past I was always able to sit down and talk with other students at other schools."

When asked what she liked to do during her spare time, Miss Overton said that she enjoyed arts and crafts as well as singing, "But at night during my quiet time, I like to reflect on each day and see what can make each day better."

## PERSONAL ADS

Prettyboy:

You are a very special person and I'll always cherish the times we've shared together. Remember, "Whatever's meant to be...will be." Take care of yourself.

Always,  
Snapper



THE  
GLADES APOTHECARY

2200 West Glades Road, Suite 107  
Boca Raton, FL 33431 368-6161

Thomas J. Kenny R.Ph.

## Solution!

to "Santa's Pack Held 30 Toys"

Each elf made at least three toys (line 4). One elf made three times as many as another (13-14), and three elves made consecutive amounts (5-8). If you eliminate duplicate amounts (3), two possible number combinations total 30: 12/6/5/4/3 or 9/7/6/5/3.

With either solution, Sue made the most (13-14). And we know that she made tops (17-18). She was not dressed in green (13-14), red (5-8), orange (15) or yellow (11-12), so she must be the elf in blue.

The two elves who made the least must be dressed in green (13-14) and red (5-8). Therefore the elf who made the least cannot be Marcia (15). It also cannot be Cher (5-8) or Jane (10), so Johnny must have made the least. And he made cars (9).

The elf who made the second most was not Jane (10) or Cher (5-8), so she must have been Marcia. And Marcia dressed in orange.

Since the two elves making the least could not have made the second-smallest amount of toys (7-8), Marcia must have made the elf in blue. Therefore the elf in yellow, and the person who made the second-smallest amount of toys is in red (5-8).

By elimination, Johnny is in green, and Jane is in red and made the balls. Since the elf in green made three toys, Sue must have made nine toys (13-14), and our amounts of toys must be 12/6/5/4/3.

Sue (blue) made 9 tops.  
Marcia (orange) made 7 sleds.  
Cher (yellow) made 6 trains.  
Jane (red) made 5 balls.  
Johnny (green) made 3 cars.

Anonymous

Maturity is many things. First, it's the ability to base a judgment on the Big Picture — the Long Haul. It means being able to pass up the fun-for-the-minute and select the course of action that will pay off later. One of the characteristics of infancy is the I-want-it-now approach. Grown up people are able to wait.

Maturity is the ability to stick with a project or a situation until it is finished. The person who is constantly changing jobs, changing friends, and changing males is immature. Everything seems to turn sour after awhile.

Maturity is the ability to face unpleasantness, frustration and discomfort and defeat without complaint or collapse. The mature person knows he can't have everything his own way. Nobody wins 'em all. He is able to defer circumstances, to other people — and to time.

Maturity means doing what is expected of you, and this means being dependable. It means keeping your word. Bound within dependability is personal integrity. Do you mean what you say — and say what you mean?

The world is filled with people who can't be counted on. They break promises and substitute alibis for performance. They show up late — or not at all. Their lives are a maze of unfinished business. Such behavior suggests the lack of self-discipline, an ingredient which is a large part of maturity.

Maturity is the ability to make a decision and stick with it, riding out the storms that may follow. This requires clear thinking. And the courage to stand by your position once you've taken it.

Immature people spend a lifetime exploring possibilities and then doing nothing. Action requires courage, and courage means maturity.

Maturity is the ability to harness your abilities and your energies and do more than is expected. The mature person refuses to settle for mediocrity. He would rather aim high and miss the mark than aim low — and make it.



## Revenge With Water Balloon

### Healthy Holiday

By Nikkie Okuwa

#### NUTRITIOUS FOODS

Good nutrition reflects the way we feel and look. Therefore, we should eat nutritious foods in order to be healthy and fit individuals.

Wholesome, fresh, and uncontaminated food is the best way to get the essential vitamins and minerals. Most of the time, we eat foods that please the eye and taste, but not the stomach and health. Most of them lack nourishment and are full of all sorts of added synthetic things.

The highest proportion of our diet should consist of fruits and vegetables. They supply all the necessary vitamins and minerals and their skins are sometimes the best part. Roughage or the fibre is also important for the working of the bowels. Lack of fibre is now thought to be related to high incidence of colon-rectal cancer.

Proteins are found in fresh, dairy products. They are responsible for building and repairing body tissues. They also satisfy hunger. Carbohydrates provide energy for physical and mental exertions. They assist in the assimilation and digestion of other foods. A deficiency could lead to a low energy level, poor health and mental depression.

#### FITNESS FOODS

Proteins:  
Meats: beef, veal, lamb, pork, ham, bacon, kidney.  
Game: venison, quail, rabbit, pheasant.  
Dairy Products: eggs, cheese, yogurt, milk.  
Nuts: almonds, brazil nuts, peanuts, walnuts, pecans.  
Wholegrains: barley, oats, rice, wheatgerm.

Vegetables:  
Leafy vegetables: asparagus, artichokes, broccoli, cabbage,

cauliflower, celery, spinach, lettuce.  
Root vegetables: onions, radishes, potatoes, beetroot, carrots.  
Fruit vegetables: tomatoes, peppers, cucumbers, pumpkins.

Fruits:  
Citrus: lemons, orange, grapefruit, tangerines.  
Orchard: apples, pears, plums, apricots, cherries, peaches, grapes.  
Berry: raspberries, strawberries, blueberries, cranberries, gooseberries.  
Tropical: mangoes, bananas, pineapples, guavas, chateauguava, papaya.

Fats: margarine, corn oil, soybean oil.

There are no wonder foods, but all these foods put together will give us the necessary vitamins and minerals that will keep our body systems going and give us longer healthy lives.



# Tennis Anyone

By Herb Milgrim

Hello sports fans! Did you know that the College of Boca Raton has a tennis team? Well, we do. In fact, we have two, men's and women's. But let's just talk about the men's team for now.

First of all, it is coached by Shada Overton, a hard driving individual whose main stress point is on conditioning and self-discipline.

Practice is usually held three to four times a week at 4:00 p.m. The practice is kicked off with four laps around the tennis courts and then a series of various types of windsprints which Shada calls zig zags, and the ever popular suicides. The suicides are timed and as an incentive, the loser has to do another one. After that, the team stretches out in order to prepare for a number of drills designed to improve accuracy. Then there is a little bit of competitive playing among team members. To top it all off,

we usually end practice with a few suicides.

The team doesn't start playing matches until February, but Shada believes by practicing now, we should all be in top shape for the upcoming season.

The team boasts a lot of talent from all over the world. One of our best players is from Mexico. He is a hard hitting, aggressive player whose tactics are, hit hard and don't miss, by the name of L. Gonzales.

Below him, but only for the moment, we have a traditional baseliner from New Jersey. He is a natural lefty whose game consists of one part topspin and one part iron will. He is Herb.

Although neither one of these athletes has been beaten by any member of the team, I feel that the team is so equal that a member could be upset by another on any given day. All in all, the team practices hard and shows a lot of enthusiasm for the sport.

## MEN'S TENNIS

Broward C.C.	Feb. 10	1:00 p.m.	Home
Miami North	Feb. 16	1:30 p.m.	Home
Biscayne	Feb. 24	1:00 p.m.	Home
Miami Dade	Feb. 28	2:00 p.m.	Away
Biscayne	March 5	11:00 a.m.	Away
Miami Dade	March 21	2:00 p.m.	Home
Miami North	March 23	2:00 p.m.	Away
Broward C.C.	April 28	2:00 p.m.	Away



## And The Final Whistle Blow

They ran; they kicked, they sweated and they swore — with one common goal, to be victorious — and that they were, the first Intercollegiate Soccer Team for the College of Boca Raton.

They started slow, Mid-August six players, one coach full of anticipation, one Athletic Director full of enthusiasm and an Administration full of hope began Soccer 1982. Then school began and more players took to the field. By the first game, against Biscayne College, the team was "on a roll." Carrying a squad of twenty one, coach and crew, the team went off to Miami. Bringing home a decisive defeat, coach et al now could regroup their forces and go into battle more realistically.

Under the coaching of Roy Wiggemansen and supervising of Athletic Director Shada Overton, the team throughout the season

played against some of the best schools in South Florida. It is most fair to say that playing schools such as Florida International University (FIU) in Miami on their beautiful field, who practice against the strikers, is an experience.

However, the road to the end of this season was not all tough. Although Broward Community College (BCC) beat us easily on their field, when they returned the contest they found it very difficult to earn their victory. Playing to an enthusiastic and supportive home crowd, CBR gave BCC a run for their money until the very end.

Coming away from only a near loss to a skillful opponent, CBR beat Miami Christian two days later.

One of the highlights was in October when the College of Boca Raton hosted a game against a touring Swedish team.

As the season began to come to an end, the team

had weathered all the elements — except snow — and won. Now down to only sixteen dedicated players the team made a memorable trip to Eckerd College in Tampa. Awakening to an already waterlogged day, the game prospects looked bleak. But three hours later at game time, the skies had cleared, the field drained, and the team put together a most unified and impressive game.

Although the season is over, one can already see the enthusiasm for next year. With players Tom Down, Tosh Ono, Mack Willberg and Eddie Dignan already on the field "kicking around," Coach Roy Wiggemansen actively recruiting and Athletic Director Shada Overton busily learning NAIA regulations and putting together the schedule, it is obvious that the College of Boca Raton is destined to be the best.



## Golfers Caddy On

The golf team has officially started their practice and is looking forward to turning in an impressive season in February and March.

Practice is at the Municipal Golf Course on Tuesdays at 3:00 p.m.

Mike Fitzhenry, Steve Ames, Bobby McFadden, Michael Levine, John Blackman, Tom Down and Steve Lucia are participating.

## FOR BUSINESS MAJORS:

To take Charge of Advertising Department. IT WILL LOOK GOOD ON YOUR RESUME for Graduate School

See Executive Editor Mona Wargo or Mrs. Bloche, Advisor-to-Pulse

The PULSE welcomes letters to the Editor on topics of interest to the College of Boca Raton. Letters must be signed and will be published if considered of interest to the CBR community by



# CBS RADIO PRES. Visits Media Class

*Sam Digges' important advice to Boca Raton students was, "More people lose out because of failure to get along with people than for any other reason."*

By Pulse Staff

"Don't hang your pictures on the wall!" said Sam Cook Digges from behind the podium with the acumen of a wise sage and the warmth of a grandfather speaking to his many grandchildren.

"Moving is one way of advancement." Watching the steel-blue eyes, one could sense the self-controlled power of the tall, white-haired gentleman. Sam Digges HAS MOVED!

He is the former President of CBS Radio, current owner of WSBR Radio, and TV Commentator for WPTV, Channel 5. He is the recipient of the International Radio and Television Society's Gold

Medal for 1981.

Previous Gold Medal winners have been General David Sarnoff, President John F. Kennedy and Vice President Richard M. Nixon for "the Great Debates", Bob Hope, Robert Sarnoff, Ed Sullivan, Rowan and Martin's "Laugh-In", Lucille Ball, and Walter Cronkite.

Sam Digges accepted the invitation by Mrs. Ruth Bloche, Instructor at CBR, to share his broad-based knowledge of the mass media with her students in the Introduction to Communication Arts class.

Says CBS News Correspondent Walter Cronkite of Digges, "History is peppered with lucky accidents. One of

them was the arrival of Sam Cook Digges on the broadcasting scene at one of its most critical junctures. Trained at the University of Missouri's School of Journalism, he started broadcasting through the business side, but his heart, I've always suspected, was in the newsroom. With the instincts of a reporter and an editor, and the management skills of a salesman and executive, he was able, at a time when the advent of television was forcing an agonized reappraisal, to mold CBS Radio into what it is today — the outstanding example of the use of this powerful medium for the dissemination of news and information."

The National Commissioners of baseball and football have praised him for his part in the explosion of radio sports.

Digges started something

absolutely unheard of in television, that is, "Sunrise Semester," college level TV lectures at 6:30 in the morning. He was responsible for the start of "Mystery Theater."

He arranged for the President Carter call-in show with Walter Cronkite in the Oval Office of the White House. Digges told the interested group of students that calls from all over the country were sorted by computer. There were eleven million attempts to get on the telephone.

On one of his trips to the White House, as he walked across the dimly lit grounds toward the entrance to the building, suddenly bells rang and guards came running. "Without my press pass, I could have been shot," he said.

A firm believer in freedom of the press, he feels that deregulation in the

TV and radio industries should be total the same as newspapers enjoy.

"There are too many regulations. We can't have debates with twenty people, sixteen of whom are kooks. We should have the same freedoms as newspapers."

Digges considers his two minute commentary on WPTV's Channel 5 at 6:25 on Tuesday evenings concerning national and international issues "highly controversial." The nature of one of his commentaries on the United Nations caused listeners to phone in their ideas, and he feels the stimulation is both "fun" and "rewarding".

He announced in the cultured voice of a top broadcast personality that, "We now own and operate WSBR, 74 on the dial." He remains interested in selling network advertising and bringing innovative programming to radio.



Sunrise at CBR

## Happenings in Florida

By Stella Greenberg

There are a variety of cultural happenings that are available to anyone in the Palm Beach County area. As students at the College of Boca Raton, we can take the opportunity to partake in exciting events going on. They run the gamut from art exhibits to the ballet. Here is a rundown of future activities which are interesting to people who love the arts.

At the Boca Raton Center for the Arts — 392-2500. Dec. 8-31 — Professional Artists Guild Exhibition.

Gallery Fantasia — 737-2282. A continuous showing of stained glass, paintings, mosaics and sculpture by Conrad Pickel.

Lannan Foundation Museum — 582-0006. A continuous showing of private collections of contemporary art.

Morikami Museum — 499-0631. Dec. 12-Feb. 13 — Contemporary Japanese Ink Painting and Calligraphy by Bokryinsha School.

West Palm Beach Public Library — 659-8010. Dec. 7-Jan. 20 — Still life sculpture exhibition by Duane Hanson.

Burt Reynolds Dinner Theater — 746-5566. Through Jan. 9 — "My Fair Lady".

Royal Palm Beach Dinner Theatre — 832-0262, 426-2211. Dec. 7-31, "Hello Dolly".

Dolly Hand Cultural Arts Center — 996-3055. Dec. 11, 8:00 P.M. — "The Nutcracker" — Palm Beach Junior College, Glades Campus.

Norton Gallery of Art — 832-5194. Through Jan. 6 — 1982 Christmas Store.

### Christmas Joy

NO GREATER GIFT IS THERE THAN LOVE

By Nikkie Okuwa

People making lists  
Buying special gifts, pretending to be kind to one and all.  
It's the time of year  
And You'd wish you could give more  
Than just presents from a store —  
Why don't you give love on Christmas day?

Oh, even the man who has everything  
Would be so happy if you would bring  
Him love on Christmas —  
No greater gift is there than love.

People you don't know  
Smile and nod hello  
Everywhere there is an air of Christmas joy,  
Is that once a year  
When the world is sincere  
And you'd like to find a way  
To show the things that words cannot say —  
Why don't you give love on Christmas day —  
No greater gift is there than love.

Oh, the man on the street  
And the couple upstairs  
All need to know that someone cares —  
Give love on Christmas day —  
No greater gift is there than love.

What the world needs is love  
Yes, the world needs your love  
Why don't you give love on Christmas day —  
No greater gift is there than love.



Winter Fun in The Sun